

1 Memory loss



2 Difficulty performing familiar tasks



3 Problems with language



4 Disorientation to time and place



5 Poor or decreased judgement



6 Problems keeping track of things



10
warning signs
of dementia

7 Misplacing things



8 Changes in mood and behaviour



9 Challenges understanding visual and spatial information



10 Withdrawal from work or social activities



If these signs are new, they may be a sign of dementia.

Dementia is not a normal part of ageing.

Speak to your doctor or contact your dementia and Alzheimer association.