



“A Time to Remember”

A Community Conversation on Alzheimer’s in Communities of Color

EDUCATION WORKSHOP SERIES PART II

Saturday, October 28, 2023, 10am-12pm

Hosted by

Grier Heights Presbyterian Church

325 Skyland Ave, Charlotte, NC

In-person & Virtual (Streamed Live: Facebook Live and YouTube Channel)

SATURDAY, OCTOBER 28, 2023, 10AM-12PM

PART II WORKSHOP GOALS: *The goals of PART II are to: 1) Increase our knowledge and understanding of the role proper nutrition plays in keeping the body strong and healthy especially for our loved ones living with Alzheimer’s or dementia. Poor nutrition may increase behavioral symptoms and cause weight loss. We’ll learn about basic nutrition tips to help boost our loved one’s dementia health and our health as caregivers, too, 2) Clarify historical harm and lack of safety in medical research that was done to African American and learn about the progress that’s been made in clinical trial safety and our rights as participants to ensure and expand our opportunity for inclusion and participation in clinical research so that we can benefit from high quality care, services and treatments , and 3) we’ll learn about local clinical trials in Alzheimer’s and how we can be a part of this research.*

10:00AM

WELCOME, PRAYER AND OPENING REMARKS

Rev. Reginald Tuggle, Interim Pastor, Grier Heights Presbyterian Church

- Church announcements.
- Thank You to HEAL Collaborative and Biogen

Sharra Simmons, RN, Co-Chair, Grier Heights Presbyterian Church, Health & Wellness Ministry

- Thank You to partnering Pastors and their Members.
 - Greater Bethel AME, Greater Salem Church, New Creation Baptist Church, Church on the Grow and 15th Street Church of God
- Why We Are Here:
- **Remind participants to complete Pre-Event Survey on GOLD paper in packets.**
- Welcome from Howard Mosby, CPA, HEAL Collaborative Co-Founder and Corporate Treasurer
- Welcome from Savine DaCosta, Clinical Trial Diversity Lead for Global Clinical Operations Biogen.

10:15AM

“HOW GOOD NUTRITION CAN CONTRIBUTE TO GOOD BRAIN HEALTH”

SPEAKER:

Ramine Alexander, PhD, MPH, ResearchProject Manager, UNC-Chapel Hill Nutrition Research Institute

Q&A SESSION: AUDIENCE PARTICIPATION



10:30AM

“THE PROGRESS OF SAFETY AND PARTICIPANT RIGHTS IN CLINICAL TRIALS”

MODERATOR: *Sharra Simmons, Co-Chair, Health & Wellness Ministry, Grier Heights Presbyterian Church*

SPEAKERS:

Savine DaCosta, Clinical Trial Diversity Lead, Global Clinical Operations, Biogen

Q&A SESSION: AUDIENCE PARTICIPATION

11:50AM

OPPORTUNITY FOR PARTICIPATION IN CLINICAL TRIALS FOR ALZHEIMER’S

Improving survival rates for African Americans diagnosed with Alzheimer’s. Addressing equity, and quality of life through diversity in clinical trials.

MODERATOR: *Sharra Simmons, Co-Chair, Health & Wellness Ministry, Grier Heights Presbyterian Church*

SPEAKER:

M. Reza Bolouri, MD, Psychiatry and Neurology, and Principal Investigator, Alzheimer’s Memory Center, AMC Research

Q&A SESSION: AUDIENCE PARTICIPATION

12:10AM

POLICY PANEL

MODERATOR: *Representative Howard Mosby, CPA, Founding Board Corporate Treasurer HEAL Collaborative and Former Georgia State Representative*

PANELISTS:

Commissioner Arthur Griffin, Mecklenburg Board of County Commissioners

Q&A SESSION: AUDIENCE PARTICIPATION

12:25PM

CALL-TO-ACTION

Sharra Simmons, Co-Chair, Health & Wellness Ministry, Grier Heights Presbyterian Church

Final remarks from Speakers (one minute per speaker)

- **Completion of BLUE Post-Event Survey in packets**
- Where We Go From Here
- Recognition of Sponsors: Biogen and HEAL Collaborative

12:30PM

CLOSING REMARKS, LUNG ANNOUNCEMENT AND CLOSING PRAYER

Rev. Reggie Tuggle, Interim Pastor, Grier Heights Presbyterian Church